











The Great Rugby Cycle is the concept created by Stuart Thom an ex-Melrose RFC player supporting the My Name'5 Doddie Foundation and I will be joining Stu on the third Great Rugby Cycle cycling round Wales in September, covering over **760 miles**, **42,000ft of climbing in 8 days**.

Having supported Stu on a number of these cycle, he has kindly allowed me to create a JustGiving page for a cause close to my heart to raise funds to send Humanitarian Aid to war torn Ukraine.

With the support of the 100 World Legends and the efforts of the Ukrainian Community in Edinburgh, we have been able to send 10 lorries with over 130 tons of aid but more is needed.

The cost approximately £2500 to send an articulated lorry of aid to Ukraine and with your donations, I hope we will be able to send more as winter approaches.

To donate, please follow the link below;

https://www.justgiving.com/crowdfunding/iwan-tukalo?utm_id=1&utm_term=xAzzJJ8VB

Thank you,

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